

# Bio: Maria Costa

Maria Costa is an executive and team coach, with more than 20 years experience in managing, designing and delivering programs targeted at leadership development, organisational change, communication, team and personal development.

Organisations Maria worked for recently, globally and in Portugal: Ford Motor Company, Red Hat, GSK, Shire Pharmaceutical, Delphi, Deloitte, McKinsey, BNP Paribas, Natixis, HSBC, Shell, Galp, Total, EDP, SonaeMC, and Sonaesierra, among others.

As an ICF PCC certified coach Maria has coached teams and individuals from C-suite levels and other organizational positions. Well known for her strong coaching presence, Maria partners with clients along their coaching journey, supporting them to identify and clearly articulate the results they wish to obtain. Maria's feedback brings powerful, constructive and provocative insights which lead to transformational results.

Maria holds certifications in TLC, The Leadership Circle Profile, Systemic Team Coach, Mentor Coach, MBTI Step I & II, and TILT365

Maria works virtually and in presence in Portuguese, English and Spanish.

She lives both in Lisbon, Portugal and Barcelona, Spain, and she's passionate about all the activities that connect people.

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